

DEMOCRITUS UNIVERSITY OF THRACE
DEPARTMENT OF PHYSICAL EDUCATION & SPORT SCIENCE

UNDERGRADUATE PROGRAM OF STUDY

COURSE TITLE:

Special topics on sports philosophy and history of dance
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COURSE CODE:

N322

E.C.T.S. CREDITS

7

RESPONSIBLE FOR THE COURSE:

NAME	Vagelis Albanidis		
POSITION	Associate Professor		
SECTOR	Sport Management, School Physical Education & Recreation		
OFFICE	B1 - 7		
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CO-INSTRUCTORS			

SEMESTER:

1 st	<input type="checkbox"/>	2 nd	<input type="checkbox"/>	3 rd	<input type="checkbox"/>	4 th	<input type="checkbox"/>
5 th	<input checked="" type="checkbox"/>	6 th	<input type="checkbox"/>	7 th	<input type="checkbox"/>	8 th	<input type="checkbox"/>

COURSE TYPE:

Obligatory	<input type="checkbox"/>
Direction	<input checked="" type="checkbox"/>
Specialization	<input type="checkbox"/>
Prerequisite for specialization	<input type="checkbox"/>
Elective (<i>open</i>)	<input type="checkbox"/>

HOURS (*per week*):

2

DIRECTION (*only for 3rd & 4th year courses*):

Sports Recreation & Dance	
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SPECIALIZATION (*only for 3rd & 4th year courses*):

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LANGUAGE OF TEACHING:

GREEK []

ENGLISH []

AIM OF THE COURSE (*content and acquired skills*):

The aim of the course is to provide students with knowledge on: a) the nature, the characteristics and the true value of sports, as well as on their problems, b) how to discern the ethical right to acquire critical mind and the ability to judge and criticize with arguments, c) how to differentiate between the significant and the insignificant, d) the historical development of dance in Greece (meaning and role of dance in antiquity and development of traditional dance).

COURSE CONTENTS (*outline – titles of lectures*):

1. The concept and the content of the philosophy of sport - The view of physical education and sport in the philosophy of Plato and Aristotle.
2. The game – contest – athletics - exercise: philosophical research - The value of sports - Contribution of sports to the moral development of children.
3. The philosophy of Olympism in modern times - Idealism and realism to the Olympic idea.
4. Fair play, athletic behavior, trickery and cheat in sports.
5. The problem of doping.
6. Violence and sports.
7. Women and athletics - Religious and social prejudices - Dance in primitive nations and ancient cultures.
8. Dance in prehistorical ages and ancient civilizations.
9. Music in ancient Greece.
10. Dance in ancient Greece and its role in the society - Types of ancient Greek dance and the dancing competitions.
11. Dance during the Byzantine period and the Turkish domination.
12. Traditional dances with historical content - Greek antiquity.
13. Development of traditional dance in modern Greek society.

TEACHING METHOD (*lectures – labs – practice etc.*)

Lectures.

ASSESSMENT METHOD(S):

1. Written projects.
2. Mid term exams.
3. Final written exams.

LEARNING OUTCOMES:

Upon the completion of this course the student will be able to understand:

1. The subject of athletic philosophy in antiquity focusing on the views of Plato and Aristotle.
2. The values and the attributes of modern athletics, as well as its' contribution to moral development.
3. The most important problems of modern athletics.
4. The importance of dance and music in ancient Greece.
5. The evolution of traditional dances in Greek society from the Byzantine era until now.

LEARNING OUTCOMES – CONTINUED:

<i>Learning Outcomes</i>	<i>Educational Activities</i>	<i>Assessment</i>	<i>Students Work Load (hours)</i>
Ability to understand the subject of athletic philosophy in antiquity focusing on the views of Plato and Aristotle.	Lectures, home study.	Interim examination with oral tests of cognitive assessment.	30
Understanding of the values and the attributes of modern athletics, as well as its' contribution to moral development.	Lectures, home study.	Interim examination with oral tests of cognitive assessment. Submission and presentation of the 1 st paper.	60
Understanding of the most important problems of modern athletics.	Lectures, documentaries, home study.	Interim examination with oral tests of cognitive assessment.	30
Understanding of the importance of dance and music in ancient Greece.	Lectures, home study.	Interim examination with oral tests of cognitive assessment.	
Understanding of the evolution of traditional dances in Greek society from the Byzantine era until now.	Lectures, documentaries, home study.	Interim examination with oral tests of cognitive assessment. Submission and presentation of the 2 nd paper.	60
		TOTAL	210

OBLIGATORY & SUGGESTED BIBLIOGRAPHY:

1. Mouratidis, J. (1994). Philosophical subject of physical education. Thessaloniki: Xristodoulidis publications.
2. Giosos, J. (2000). Olympic and athletic education. Athens: Propobos publications.
3. Morgan, W. & Meier, K. (eds). (1988). Philosophical inquiry. Champaign, IL: Human Kinetics.
4. Kretchmar, R.S. (1994). Practical philosophy of sport. Champaign, IL: Human Kinetics.
5. Lawler, L. (1984). Ο χορός στην αρχαία Ελλάδα. Αθήνα: Εκπολιτιστικό Σωματείο Ελληνικών Χορών.
6. Ζωγράφου, Μ. (2003). Ο χορός στην Ελληνική παράδοση. Αθήνα: Εκδόσεις Art Work.
7. Ρουμπής, Γ. (1997). Ελληνικοί χοροί. Αθήνα: Εκδόσεις Σμπίλιας.
8. Kraus, R. (1980). Ιστορία του χορού. Αθήνα: Εκδόσεις Νεφέλη.