

AIM OF THE COURSE (*content and acquired skills*)

- Basic principles of the coaching process
- Learning the basic principles of the team basketball tactic.
- Teaching methods (analysis-synthesis) for the simple and combined movements of the above abilities in relation to age
- Theory and practice of a large number of exercises, concerning the above abilities.

COURSE CONTENTS (*outline – titles of lectures*)

1. Combination defenses (box and one, triangle and two)
2. Offenses against combination defenses
3. Presentation of movements and drills of the above by students
4. Repetition of the above, questions and video sessions
5. Half and full court man to man press defenses
6. Attaching half and full court man to man press defenses
7. Presentation of movements and drills of the above by students
8. Repetition of the above, questions and video sessions
9. Half and full court zone press defenses
10. Attaching half and full court zone press defenses
11. Presentation of movements and drills of the above by students
12. Repetition of the above, questions and video sessions
13. Half and full court match up press defenses
14. Attaching half and full court match up press defenses
15. Presentation of movements and drills of the above by students
16. Repetition of the above, questions and video sessions
17. Special situations. Last shot opportunity, jumpball, out of bounds plays
18. Presentation of movements and drills of the above by students
19. Repetition of the above, questions and video sessions
20. Team management, team organization, team strategy
21. Coaching philosophy, methods of organizing practices, preparing the game
22. Scouting, statistics
23. Official Basketball Rules, score sheet, referees' manual
24. Greek Basketball Federation Rules, Championship and tournament Grid
25. Special topics: Players psychological preparation, players' nutrition
26. Special topics: Coach's leadership and management of human potential (relations with players – parents – managers – referees), coach's professional behavior – morality.

TEACHING METHOD (*lectures – labs – practice etc*)

Theoretical and practical teaching. The distribution of the lesson material is the following:

- Teaching and theoretical approach of the topic
- Teaching methodology of the basics (demonstration, methodology - teaching simple and combined movements in basketball). Practice.
- Video sessions

ASSESSMENT METHOD(-S)

- Presence and participation in lesson
- Theory test (end of semester)
- Practice test (end of semester)

- Progress paper from the taught material

LEARNING OUTCOMES

Upon the completion of this course the student will be able to:

1. Know and understand the basic principles of team tactic from the taught material, the official Basketball Rules and team organisation and coaching
2. Execute in satisfactory level the team tactic from the taught material
3. Determine and produce the basic principles of didactics of team tactic.
4. Organise tactic practices.

LEARNING OUTCOMES - CONTINUED

<i>Learning Outcomes</i>	<i>Educational Activities</i>	<i>Assessment</i>	<i>Students Work Load (hours)</i>
1. Know and understand the basic principles of team tactic from the taught material, the official Basketball Rules and team organisation and coaching	Lectures, demonstration and annotation of digital material, study	Intermediary controls with quiz of knowledge evaluation	40
2. Execute in satisfactory level the team tactic from the taught material	Practical exercises, study and preparation exercises	Intermediary controls with suitable kinetic tests	80
3. Determine and produce the basic principles of didactics of team tactic.	Lectures, study, team practice	Intermediary controls with evaluation in intermediary practical teachings	40
4. Organise tactic practices.	Lectures, development of one team work, study	Evaluation of teaching plan and final examinations	80
		TOTAL	240

OBLIGATORY & SUGGESTED BIBLIOGRAPHY:

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6. - Kioumourtzoglou, E. (1994). Team Offense. Coaching Principles. Salto Publications, Thessaloniki
7. - Messina E., Karypidis A. – Mauridis G. (2007). Basketball today. Telehrion Publications, Athens
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10. - Tsitskaris G., Lefas A., Galazoulas C., Karamousalidis G., Thomaidis A., Dimitriou N. (2010) Basketball the teaching of tactic in developmental ages. Salto Publications, Thessaloniki
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